



*Interview with Simbarashe Byron Kapomba from Harare Zimbabwe
about Russian medicine**

Hello, Simba! How are you? We know you as a very determined young Doctor, who just graduated from Sechenov University, could you tell us a little bit more about yourself? Where are you from? What is your main goal in your medical career?

Hello, I'm fine and happy that I graduated from Sechenov University. My full name is Simbarashe Byron Kapomba(Vlad), I'm from Harare Zimbabwe. I just graduated with a degree of general medicine with regenerative medicine honors. My main goal in medicine is to develop a health system that will benefit everyone no matter the social class or race or religion through regenerative medicine and Personalized medicine.

Why did you decide to study medicine in Russia?

I couldn't enrol to the medical school in my country and Russia was my first option because it's easy to get a place and the tuition fees and living expenses are reasonable.

What do you like best about Russian medicine?

I was so fortunate that I was accepted into the faculty of future medicine. I learnt a lot from the Russian scientists especially at the institute for Regenerative Medicine and institute of Personalized medicine.

What is the most inspiring medical procedure you have seen as a medical student in Russia?

As a future medicine student I was more involved in scientific researches in Regenerative Medicine, I would say the most aspiring procedure I saw was 3D bioprinting of the kidney.

Did you get to be a patient while studying in Russia (only answer if you don't mind this question, please feel free to skip it if you don't like it)?

No actually, I thank God for keeping me healthy.

Would you recommend your friends or relatives to visit Russia for treatment purposes or diagnostic checkup (only answer if you don't mind this question, please feel free to skip it if you don't like it)?

Yes of course I would recommend them.

Why do you think it would be good for them (or otherwise)?

I think it's cheaper to be treated here than most of first world countries and the medical system is great in Russia.

What do you think should be improved in the Russian healthcare system?

I think the approach to Personalized medicine is still lacking a bit it need some improvements.

What do you think about the cost of medical services in Russia? Is it similar to the cost of medical services in your country?

Medical services are cheaper in Russia than in Zimbabwe. I think because right now there's an economic crisis in my country and it also affects the health system.

Are you going to stay in touch with your Russian professors after your graduation?

Yes of course I had good relationship with my professors some of them they made my stay much easier here in Russia and also, I learnt a lot about Russian culture through them which is a great thing.

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